

How to Register

Registration Options Include:

- 1. Online Registration:**
www.loaring.com
 * online registration closes at 5pm on April 27th, 2012
- 2. In-person at:**
 Loaring Physiotherapy & Health Centre during hours of operation ending 4:00pm April 28th, 2012.
 Cash or Cheque.
- 3. Race Day (April 29th) between:**
 8:30am - 9:30am (5k/10k) at Loaring Physiotherapy and 8:30am - 10:30am (Kids Fun Run). Cash Only.
- 4. Race Kit Pick-Up:**
 April 28th at Loaring Physiotherapy from 8:00am and 4:00pm or race morning.

I hereby for myself, my heirs, executors and administrators and assigns hereby waive, release and discharge any and all rights and claims for damages I have ever had, now have or can, shall or may hereafter have against Windsor Regional Cancer Centre, Windsor Regional Hospital and any and all participating sponsors, supporters and directors, officers, employees and agents of such parties for any and all injuries in any manner arising or resulting from my participation in said race, I attest and verify that I have full knowledge of the risks involved in this race, that I assume those risks, that I will assume and pay my own medical and emergency expenses in the event of accident, illness or other capacity, regardless of whether I have authorized such expenses and that I am physically fit and sufficiently trained to participate in this race.

Signature: _____

Sponsors

TITLE



DIAMOND



PLATINUM



GOLD



Schedule

WHERE:

Loaring Physiotherapy & Health Centre
 (between Lesperance & Manning Rd.)
 13126 Tecumseh Rd E
 Tecumseh, ON
 N8N 3T6

TIME:

| | |
|-------------------------------|---|
| 5:00pm April 27 th | Online Registration closes |
| 8:30am – 9:30am | Race Day Registration for 5k Run/Walk & 10k Run |
| 10:00am | 10k Run |
| 10:00am | 5k Walk/Run |
| 8:30am-10:30am | Race Day Registration for 1k Kids Fun Run |
| 11:00am | 1k Kids Fun Run |
| 11:30am-12:30pm | Awards and Food Party |
| 12:30pm-2:30pm | After Party at Armando's Trattoria |



WWW.LOARING.COM

Thank you for your support!

APRIL 29TH, 2012
WWW.LOARING.COM

10:00 am
10:00 am
11:00 am

10 k Run
5k Run/Walk
1k Kids Fun Run

PROCEEDS SUPPORT: